

#### March 2024

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# MS/HS Principal & 4 Assistant Principal News & Upcoming Dates

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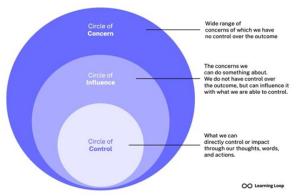
The District is on Facebook
To "like" us, simply visit
https://www.facebook.com/brcsdk12

# Beaver River Central School

#### It is what it is

During my years of education, I have often heard, and even used, the statement "it is what it is". Meaning the issue that the conversation is discussing is out of anyone's control and it can't be changed. When this statement is made, it feels a bit like an admission of surrender and the white flag is thrown. This does not sit well with my competitive side. I want to have an influence or make some change over the issue, and often that is when I remember a concept learned during my administrative classes, "the circles of influence framework".

In the diagram to the right you'll see a demonstration of the circles of influence framework. As you can see there are levels of control or impact in this diagram. Depending on the topic, you may have direct control, influence, or no control. Often frustration comes from the outermost circle where there is no control. However, if those circles address the same issue, you do have some influence on the issue at one of the other circles.



From: https://learningloop.io/glossary/circles-of-influence

So how does this relate to school? I think the most control that lies in the innermost circle is the direct connection to the individuals on a day to day basis. For instance, a teacher has direct connection to the student in their classroom, a parent has direct connection to their student. However, neither have a direct control of the other...teacher to parent, or parent to teacher. However, the connection is not that far away between parent and teacher and that connection falls under the circle of influence. The most important piece to maintain the circle of influence between teacher and parent is communication. When both parties understand what each needs through communication, there is influence on those activities. The last circle in education would be areas that are out of any control of the individual, such as mandates and requirements. However, how those mandates are implemented in the school are in control at the other levels. This is often where we grow our committees. Gathering input from multiple stakeholders allows a school district to manage mandates that are outside of our control by gathering quality input from concerned individuals.

One such opportunity is coming up. Over the past few months our Board of Education Facilities Committee has been investigating another capital project. This work has been at a high level through a focus on our building condition survey that is submitted to the New York State Education Department, and previous reviews of our building. Starting at the end of March, we will be reforming our BRCSD Compact Council, which consists of multiple stakeholders and interested parties for not only capital improvements, but other areas of improvement of our school. A date for the first meeting will be made shortly, but if you are interested in serving on this committee please reach out to me directly at 315-346-1211 ext. 500. I anticipate that there will be multiple meetings over the following 4-6 months. While there are particular regulations and statutes that will need to be followed, a committee like this can influence how Beaver River addresses those regulations. Then the statement can be changed from "it is what it is" to "it is what is ours".

Sincerely,

Todd G. Green, Superintendent of Schools

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## Got a question or Concern? Who do you contact?

#### **Chain of Communication for Information**

In the interest of promoting effective communication with our stakeholders, we have developed a checklist outlining the personnel to contact with a question and/or concern. Most often a question or concern can be answered in a face to face discussion with the individual most closely in contact with the situation. In order to facilitate the use of this checklist, when you contact office personnel you will be asked if you have contacted the staff member most immediately involved in or responsible for addressing the question or concern. If you have done so and did not receive a response or resolution, then you should proceed to the next contact (listed below).



QUESTIONS OR CONCERNS REGARDING:	CONTACT 1	CONTACT 2	CONTACT 3	CONTACT 4	CONTACT 5
ACADEMICS	Teacher	Principal	Superintendent	ВОЕ	
AIS	Teacher	School Counselor	Principal	Superintendent	ВОЕ
SCHEDULES	Teacher	School Counselor	Principal	Superintendent	ВОЕ
CURRICULUM	Teacher	Principal	Superintendent	Review Policies	ВОЕ
BEHAVIOR & DISCIPLINE	Teacher	Assistant MS/HS Principal or Elemen- tary Principal	Principal	Superintendent	ВОЕ
CLASSROOM PROCEDURES	Teacher	Principal	Superintendent		
SPECIAL EDUCATION	Teacher and/or Spe- cial Education Pro- vider	Committee on Special Education (CSE) Chair	Principal	Superintendent	BOE
BUDGET	Business Administra- tor	Superintendent	ВОЕ		
HEALTH/ MEDICAL	School Nurse	Principal	Superintendent		
CAFETERIA	Cafeteria Manager	Principal	Business Administra- tor	Superintendent	ВОЕ
ATHLETICS	Coach	Athletic Director	Principal	Superintendent	BOE
CO-CURRICULAR	Club Advisor	MS/HS Assistant Principal	Elementary Principal or MS/HS Principal	Superintendent	
TRANSPORTA- TION	Bus Driver	Transportation Supervisor	MS/HS Assistant Principal or Elemen- tary Principal	Superintendent	BOE
FACILITIES/ BUILDINGS AND GROUNDS	Director of Facilities	Superintendent	ВОЕ		
BUILDING USE	Secretary to Buildings and Grounds	Director of Facilities	Superintendent	BOE	
BOE POLICIES	Principal	District Clerk	Superintendent	ВОЕ	
TECHNOLOGY	Computer Resource Manager	Superintendent	ВОЕ		
AFTER SCHOOL PROGRAM	After School Program Teacher	Program Director	Principal	Director of Cornell Cooperative Exten- sion (CCE) or Super- intendent	

Website link to Chain of Command document: <a href="https://cdnsm5-ss9.sharpschool.com/UserFiles/Servers/Server\_290360/File/K-12/ChainOfCommunication">https://cdnsm5-ss9.sharpschool.com/UserFiles/Servers/Server\_290360/File/K-12/ChainOfCommunication</a> Who-To Contact.pdf

#### **Elementary Principal**

Dear Elementary Parents and Guardians,

March in the Elementary is a busy month. The Character Counts trait is <u>caring</u>. To be a caring person means to be compassionate, express gratitude, forgive others, and be considerate of others' feelings. Mr. Olmstead teaches Character lessons in the classrooms and this month's focus will be about caring.

Literacy Celebration - "Beaver River Elementary School Take an Olympic Leap Into Reading!" This year the celebration is all month-long and it kicked off on February 29, 2024, with an Opening Ceremony and a Family Night. Thank you to all who attended. Every Thursday the bookmark is due recording the number of minutes read. If your child reads a minimum of 6 hours they will qualify for a Water Safari ticket.

We celebrate Literacy because it is a very important skill.

#### **Upcoming Dates:**

March 18, 2024 Superintendent's Day (No School)

March 20, 2024 PK-12 Early Dismissal Students leave @ 12:45 p.m.

March 21, 2024 PK-5 PTC Early Dismissal Students leave @ 12:45 p.m.

March 29, 2024 Good Friday (No School)

Sincerely,

Kantely & Lyman Wright

Dr. Lyman-Wright Elementary Principal



"You may not think that your child's progress or lack of progress in early elementary school would have a major bearing on his/her later performance, but it does. According to the Annie E. Casey Foundation, students who are poor readers in the third grade have a higher likelihood of becoming high school dropouts. The sooner your child learns to read well, the more likely it is he or she will graduate high school, and hopefully college." <a href="https://littleeggpublishing.com/articles/5-important-literacy-facts-dont-know/"Bhttps">https://littleeggpublishing.com/articles/5-important-literacy-facts-dont-know/"Bhttps</a>

#### MIDDLE SCHOOL/HIGH SCHOOL NEWS

Dear Parents,

Beaver River has wonderful students and incredible teachers. We would like to thank the students, parents, and staff for their support. There are some upcoming events that we would like to highlight.

March will be a very busy month for concerts at Beaver River. Our band and chorus students will put on some great concerts for Music in Our Schools Month. The High School concert will be held on Thursday, March 7. The Middle School concert will be held on Thursday, March 14.

As part of the district's initiative to help our students become "Real World Ready," the district will be hosting the 2nd Annual Beaver River Career Showcase on Tuesday, March 19. This event will include all students in grades 7-12 throughout the day. We have had great local business response and look forward to again providing this opportunity for our students as they explore local career opportunities and better prepare for life beyond BRCS.

Middle School students in grades 6-8 will take their New York State (NYS) ELA test on April 10-11. The test will be completed over two morning sessions. The NYS Math test will be held on May 8-9. Additionally, students in grade 8 only will complete their NYS Science tests on May 13. We hope each of our students will approach the NYS ELA, Math, and Science assessments confidently and positively. If you have any questions or concerns regarding the assessments, please do not hesitate to contact your child's teacher or the office.

Sincerely,

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Daniel Rains, MS/HS Principal

Troy Hebert

Troy Hebert, MS/HS Assistant Principal

#### **Upcoming Events:**

	Opcoming 1	Volits.
March 7:	High School Music In Our Schools Month Concert	7:00 p.m.
March 11:	JV & Varsity Spring Sports Begin	
March 12:	Elementary Music In Our Schools Month Concert	7:00 p.m.
March 14:	Middle School Music In Our Schools Month Concert	7:00 p.m.
March 18:	Superintendent Day - No School Modified Spring Sports Begin	
March 20:	1/2 Day Staff Development Day: PK-12 grade released	12:45 p.m.
March 21:	Parent Teacher Conference Day PK-5 grade released	12:45 p.m.
March 29:	No School - Good Friday	
April 1:	No School - Easter Monday	
April 4:	Kindergarten Registration	
April 5:	Kindergarten Registration	
April 8:	1/2 Day Staff Development Day: PK-12 grade released	12:45 p.m.
	ECLIPSE FEST	1:30 p.m 4:45 p.m.
April 8:	Grade 5 ELA State Testing	
April 9:	Grade 5 ELA State Testing	
April 10:	Grade 3-4 and Grade 6-8 ELA State Testing	
April 11:	Grade 3-4 and Grade 6-8 ELA State Testing	
April 12:	Grade 3-4 ELA State Testing	
	End of Third Quarter	
April 15:	Grade 6-8 ELA State Testing Makeup day	
April 16:	Grade 6-8 ELA State Testing Makeup day	
April 17:	Grade 6-8 ELA State Testing Makeup day	
April 22-26	Spring Recess	

### MIDDLE SCHOOL & HIGH SCHOOL HONOR ROLL 2ND QUARTER

**HIGH HONOR ROLL:** (95.00 - 100.00)

<u>Grade 12:</u> Kennedy Becker, Elena Dickinson, Natalie Dickinson, Kaylee Halteman, Christopher Kirch, Kendra Lehman, Aubrie Monnat, Micah Olmstead, Chanelle Rice and Derrick Zehr

**Grade 11:** Tyler Boliver and Grace Putman

<u>Grade 10:</u> Eleanor Ball, McKinley Becker, Ashlyn Boliver, Kaelyn Boliver, Carter Edick, Kylee Grau, Ethan Marolf, Madilyn Mattimore, Allison Meyer, Tessa Murphy, Hannah Roggie, Emma Simpson, Ella St. Croix, Isaiah Virkler, Nathan Virkler and Mason Zehr

**Grade 9:** Natalie Moshier, Kyra Olmstead and Quinlyn Pominville

<u>Grade 8:</u> Ty Beller, Andrew Boliver, Arianna Boliver, Kara Boliver, Lucas Edick, Amelia Kloster, Ryker Kloster, Azaliah Lyndaker, Hannah Lyndaker, Leah Mast, Ryan Metzler, Blake Meyer, Callyn Nortz, Courtney Pate, Bella Rizza, Henry Roes, Natalie Roggie, Aaliyah Virkler, Alexis Walseman and Ava Widrick

<u>Grade 7:</u> Kelsey Aucter, Jemma Clemons, Emma Fredenburg, Mayliana Gerow, Ellie Herzig, Jonathan Hewitt, Greta Murphy, Ryan Pellam, Madelyn Planck, Abagail Roggie, Adrianna Shaw, Lydia Stevens, Ella Virkler and Adria Zehr

<u>Grade 6:</u> Jonah Aucter, Kaina Boliver, Araya Grau, Gia Hoxie, Karol Lyndaker, Kaylee Mattimore, Geneva Olmstead, Brianna Roggie and Ayden Scott

**HONOR ROLL:** (90.00 - 94.99)

<u>Grade 12:</u> Sutton Barrett, Chase Brown, Holli Campeau, Andrew Chartrand, Samuel Edick, Aspen Fitzgerald, Macey Hoch, Lillian Kaputa, Failyn Locklear, Julianna Locy, Jasmine Martin, Lilie Mattimore, Rori Mattis, Eliza Metzler, Ava Pelo, Naomi Roggie, Paige Roggie, Loryn Schack, Adah Simpson and Ian Waite

<u>Grade 11:</u> Dylan Buckingham, Joshua Bush, Ava Campeau, Brit Dicob, MaKayla Edick, Abigail Eisel, Hailee Ferguson, Quinn Hoppel, Natalie Hughes, Madilyn Johnson, Lily Kloster, Emily Knight, Carson Kuhl, Charleyann Lehman, Adalynn Olmstead, Lilly Reape, Carter Rice, Kade Schneider, Madyson Swartz, Ryan Terrillion, Derek Walseman and Jonise Zehr

<u>Grade 10:</u> Jazzmyn Babcock, Aylea Bennett, Allison Branagan, Keyanna Diaz, Mason Farney, Connor Finster, Malorie Hawn, Christian Kirch, Aubrin Lee, Izabela Lehman, Natalie Mast, Payton McIntyre, Konor Moore, Hannah Moser, Shae Moshier, Victoria Natali, Addison Nortz, Austin Sauer, Jayden Turck and Logan Walseman

<u>Grade 9:</u> Julie Kaputa, Malaina Loomis, Reyna Lyndaker, Samuel Miller, Annabel Pelo, Lillian Spies, Jack Stevens, Jacqui Stoffle, Adelaide Thisse and Natalia Widrick

<u>Grade 8:</u> Cassidy Albertson, Alexander Dix, Audrey Hazard, Quincey Hollman, Alex Kloster, Audrey Largett, Reese Lehman, Leila Monnat, Emma Nortz, Emma Riccio, Zeanna Rice, Justyce Shinnick, Joseph Waite, Gabrielle Waugh and Hailey Zehr









## MIDDLE SCHOOL & HIGH SCHOOL HONOR ROLL 2ND QUARTER

#### **HONOR ROLL Continued:**

<u>Grade 7:</u> Jaxon Greaud, Hudson Kirch, Lane Kloster, Trenton Loomis, Maddox Platt, Jordyn Telford and Rowan Zehr

<u>Grade 6:</u> Lauren Baker, Dax Beller, Adah Boliver, Faith Boliver, Landry Brown, Hailey Buckingham, Robert Buckley, Brayden Clemons, Adrien Dix, Jensen Freed, Breiah Martin, Addison Monego, Marcus Noftsier, Corrine Pate, Nicholas Petrie, Jaden Roggie, Rylee Shinnick, Raegan Terrillion and Jesse Walker, II

#### **ACHIEVEMENT ROLL:** (85.00 - 89.99)

<u>Grade 12:</u> Jaiden Aucter, Ronald Cardinal II, Matthew Knight, Rodney Lagree, Samuel Landis, Katherine Mac-Gregor, Brayden Monnat, Jessica Reed, Landon Rice, Dominic Roes, Collin Stanford, Jesse Stevens and Conner Zehr

<u>Grade 11:</u> Caleb Click, Ethan Crouse, Grace Davis, Ethan Dial, Garrett Edwards, Taren Gracey, Sarah Herzig, Grayson Hess, Maliya Lyndaker, Jesse McBain, Ethan Moshier, Isabella Natali, Cadence Paragon, Brooklynn Pinkham, Orianna Reape, Kaydence Schantz, Brenna Tabolt, Kyle Wolff and Josef Zuniga

<u>Grade 10:</u> Karla Aburto, Zane Barker, Malachi Brandt, Sawyer Davoy, Ava Fleming, Matthew Moore, Peter Noftsier and Olivia Roes

<u>Grade 9:</u> Gabrielle Davis, Kennley Fayle, Karley Ferguson, Hailey-Kaylyn Gardner, Galen Johnson, Emma Kloster, Greta Kuhl, Kae Leah Lawton, Kayne Lyndaker, Brennan McKinney, Niles Peters, Jenna Reed, Claire Roggie, Ely St.Croix, Kelcee Steele, Marilla Watkins, Racquel Waugh, Lucas Wilmot, Laney Wolff and Macy Zehr

<u>Grade 8:</u> Skyler Ayers, Wesley Dutton, Nixon Eaton, Cade Getman, Emily Martinez, Conner Meyer, Silas Miner, Matthew Monnat, Zoey Widrick and Caleb Wilton

<u>Grade 7:</u> Ella Ayers, Jackson Flynn, Payton Gaba, Macy Hoppel, Colton Kloster, Isabella Maurer, Eason Monego, Rachel Moser, Joshua Olmstead, Kiersten Planck, Nolan Planty, Avery Simpson, Willard Spencer, Tobias Stamp and Jonathan Zehr

<u>Grade 6:</u> Brennan Amelio, Nikolas Brasie, Porter Churchill, Destin Deitrick, Thatcher Edwards, Lucas Farnsworth, Maya Gates, Tanner Grunert, Hayden Hoch, Jackson Hosmer, Parker Kloster, Zionah Kumah, Jullian Lee, Eva Leroux, Henry Mantooth, Mason Marolf, Xzavier Marolf, Meadow Shue and Ava VanDewalker



#### **FINE ARTS**



For nearly 40 years, March has been designated as Music In Our Schools Month ® (MIOSM®). Music has a lasting positive impact in our lives. The positive impact on music in thelives of our students lasts a lifetime. Therefore, the education and cultivation of music in our youngest members of society, our students, is paramount.

Every day, in classrooms and rehearsal rooms across our school district, music educators dedicate themselves to reaching all students with life-changing musical experiences. Parents, administrators, and the wider community often only see the wonderful results of music performances; however, we miss the months of practice and rehearsals and more importantly the learning process that takes place to make it all happen.

We encourage members in our community to acknowledge and celebrate music education as an essential part of every student's educational journey.

Sincerely,

The Beaver River Music Department

Ms. Tamara Fidler

Mr. Matthew McGrath

Mrs. Kendra Virkler



#### **UPCOMING CONCERTS**

Music In Our Schools Month is a time to celebrate the students who make music and the teachers who make it possible for them to do so. There are several ways Beaver River is celebrating Music In Our Schools Month:

#### CONCERT SCHEDULE

Thursday, March 7 - High School Tuesday, March 12 - Elementary

Thursday, March 14 - Middle School

All concerts begin at 7:00 p.m.

Concerts are free and open to the public



#### **FINE ARTS**

### Music Department to be featured in Albany, NY Friday, March 15

Our hard working members of Jazz Ensemble and Choraleers will be traveling to Albany to perform at the Empire State Plaza as part of the state's recognition of Music In Our Schools Month. After the performance, students will visit some of the beautiful sites that are there including the Corning Observation Tower, tour the New York State Capitol and the New York State Museum. Students will also have the opportunity to meet with our local state assemblyman and senator!

#### Jeff-Lewis County Music Teachers Association Bi-County Select Vocal Ensemble

Isaiah Virkler and Nathan Virkler were selected for this honor after auditioning at Watertown High School by singing a difficult version of the national anthem. The chorus was composed of 30 vocalists from the two counties. The conductor, Marvin Zehr, is a skilled musical artist and director, who always wants the best for whoever he is helping on their musical journey. He selected a wide variety of songs, such as a spiritual, *Ain't no Winding in the Road*, a jazz piece, *Orange Colored Sky*, a solemn piece, *Things That Never Die*, a classical French piece, *Dirait-on*, and a pop piece, *A Flash of Time*. The concert was held at Watertown High School on January 20, 2024. Congratulations!



L to R: Nathan Virkler and Isaiah Virkler

#### **Songs and Sweets Concert**

Vocalists who are preparing for the NYSSMA solo festival had an opportunity to practice their solo skills at the annual Songs and Sweets concert on Thursday, February 15, 2024 in the auditorium. The delicious 'sweets' were prepared by Mrs. Linda Birchenough's bak
ing classes. Congratulations to All!



#### **Jeff-Lewis County Music Teachers Association Spring Bi-County**

Bi-County for Senior High Band, Junior High Chorus and Elementary Band will be held on April 5 and 6 at South Jefferson Central School. This is a wonderful opportunity for younger students to have an enriching musical experience as they study under a guest conductor and play with students from area schools.

#### NYSSMA Solo Festival

Students are working very hard on their NYSSMA solos. Students will perform for adjudicators on Friday, May 3 at Carthage Middle School.

#### FINE ARTS CONTINUED

#### **Debut of New Marching Band Uniforms**

Be on the lookout!! The Beaver River Marching Band will be sporting new uniforms at the upcoming Memorial Day Parade in New Bremen!

#### **Ithaca College Summer Music Academy**

Emma Nortz, grade 8, has been accepted into the prestigious Ithaca College Summer Music Academy for voice this summer. She will be spending one week at the college learning from top names in the music field. Congratulations, Emma!

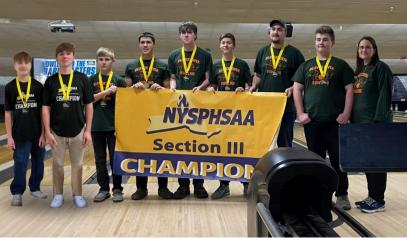


Fine Arts article written by Isaiah Virkler, Grade 10

#### **ATHLETICS**

The Varsity Boys Bowling Team went undefeated 6-0 league, 8-0 overall and was named Frontier League Champions. They also won the Frontier League Tournament at Pla Mor in Watertown on 1/31 over Carthage, Alexandria Bay and Indian River. On February 4, boys who qualified for sectionals traveled to Strike And Spare in Mattydale and competed in a 6 game tournament. The Beavers won the Section III Class C/D title but fell short of the division 2 championship by 52 pins. Ethan Crouse was honored as the high tournament bowler with a 1,313 series! It's been a great season with a lot of great bowling!





# CONGRATULATIONS

#### Winter Season Scholar Athletes and Teams

Congratulations to our Winter Season Scholar Athlete Teams and Athletes!!

The following teams were selected: Varsity Girls Volleyball, Varsity Girls Basketball, Varsity Boys Basketball and Varsity Boys Indoor Track

The following athletes were selected: Kennedy Becker, McKinley Becker, Ashlyn Boliver, Kaelyn Boliver, Hailee Ferguson, Natalie Hughes, Charleyann Lehman, Rori Mattis, Adalynn Olmstead, Jonise Zehr, Dylan Buckingham, Henry Roes, Jack Stevens, Derek Walseman, Logan Walseman, Ava Campeau, Emily Knight, Eliza Metzler, Aubrie Monnat, Naomi Roggie, Ella St. Croix, Hannah Roggie, Tyler Boliver, Joshua Bush, Andrew Chartrand, Brit Dicob, Matthew Moore, Carter Rice, Kade Schneider, Gabrielle Davis, Failyn Locklear, Christian Kirch, Christopher Kirch, Micah Olmstead, Mason Zehr and Josef Zuniga

At the end of each sports season, the NYSPHSAA honors those teams and individuals that excel in the classroom. Those student-athletes, teams and schools work very hard throughout the year and deserve to be recognized for their hard work.

To receive Scholar-Athlete team recognition the team's average GPA for 75% of the roster must be greater than or equal to 90.

If a team does not meet the Scholar-Athlete team criteria, the individuals on that team with a 90 or above GPA are still eligible.

## BEAVER RIVER ATHLETIC APPAREL STORE

The Beaver River Athletic Apparel Store\* is now available year round! This store will close weekly and will send you your gear you ordered. You can also access the store under the Athletics tab on our school website.

The website for ordering is: <a href="https://brhs-apparel.itemorder.com/shop/home/">https://brhs-apparel.itemorder.com/shop/home/</a>





\*The store is available to anyone. The district does not receive any funds for purchases.

#### **Beaver River Central School Presents:**

#### **BRCS Plans for the Solar Eclipse**

Our students and the entire community have the incredible opportunity to experience a total solar eclipse on Monday, April 8, 2024. Plans are in place to involve our PK-12 students in a unique morning-long education experience. Teacher-directed interactive workshops will explore eye safety; model what causes an eclipse; consider literary and cultural responses to eclipses throughout history; and explore the impact of eclipses on living things. Problem solving challenges and initiative activities will invite creativity, fun and healthy competition into the mix. Students will be dismissed at 12:15 p.m. on April 8th.

In the afternoon, we encourage parents, their children, and all who are interested to return for an exciting community event. Informational and fun activities will engage participants in an eclipse-themed afternoon from 1:30 p.m. until 4:45 p.m. Community art, livestreamed images as it crosses the country, eclipse races, safe viewing options, and a celebratory atmosphere complete with Food Trucks are all part of the plan.

Watch for more eclipse information and developing news on these events on the BRCS website and Facebook page!

We hope to see you on April 8th.









Experiencing Today, Preparing for Tomorrow

# MARCH 19, 2024 Beaver River High School Gym

For more information, or to register as a participating business, contact:

Amy Baker (abaker@brcsd.org) or call 315-346-1211 x142.

Adult Education at BRCS is designed to meet the academic and recreational needs of our community in an adult only setting. If you have a special talent or skill you would like to share or a class you would like to see offered, please call Nicole Kuhl at the school at 315-346-1211 ext. 373, or e-mail at nkuhl@brcsd.org.

The following classes are being offered during the month of March to any interested community member. Please call the appropriate instructor without delay as some classes have seating limits. Some classes may be canceled if insufficient interest is shown, at which time you will be notified if you have already signed up. Participation in each class requires a signed physical injury district release form, which the instructor will have prepared for each participant during registration. The classes will be offered as scheduled while school is in session. If school closes for a holiday or emergency, the adult education class will also be canceled.

CLASS	INSTRUCTOR	DATE/TIME/PLACE	FEE	COMMENTS
Family Swim	Certified Lifeguards	Wednesdays 6:30 - 7:30 p.m. Pool	Free	No registration necessary, but a liability release form must be signed by a guardian upon the first swim session, valid for the entire school year.  Upon entrance to the pool, every child must be accompanied by an adult who signs in on the pool deck clipboard and stays while the child is swimming. Adult supervision during the swim session and in the locker room is not optional and any child dropped off without a guardian, will be called to immediately return to pick them up.  Only high school locker rooms are available for changing.  Held only when school is in session.
Evening Lap Swim	Certified Lifeguards	Tuesdays and Thursdays 6:00 - 7:30 p.m. Pool	Free	No registration necessary. Held only when school is in session.
Water Aerobics	Leueen Smithling Water Aerobics In- structor; accompa- nied by a Certified Lifeguard	Mondays, Wednesdays, and Fridays 7:00 - 7:45 a.m.	Free	Come have fun in the water to experience a good workout without feeling pain or body stiffness. Exercises can be tailored to one's abilities and or limitations. We will be in the pool from 7:00-7:45 a.m. You may change your clothing before and after in the locker room. Please bring a towel, bathing suit and a pool noodle. Water shoes are advised. Water paddles will be recommended for purchase. No registration necessary, but class size is limited to 25. Class will be canceled for early morning delays or closures.

# Beaver River Central



# March 2024



ā	Bagel w/ Cream Cheese 1 Or Peanut Butter	*Cheese Pizza *White Garlic Pizza *Chicken Bacon Ranch Pizza (MS/HS)	Whole Grain Bread and Butter  Vegetables and Fruit Tossed Romaine Salad w/ dressing Roasted Garbanzo Beans Seasoned Carrots	Assorted Fresh Fruit Canned Fruit Choices	Bagel w/ Cream Cheese 8 Or Peanut Butter	* <b>Entrée Choose 1</b> *Pepperoni Pizza *Cheese Pizza *Macaroni & Cheese	Whole Grain Bread and Butter	Vegetables and Fruit Tossed Romaine Salad W. dressing Roasted Garbanzo Beans Seasoned Carrots	Canned Fruit Choices Assorted Fresh Fruit
THII.	*			意味る	Ham & Egg 7 Breakfast Pizza	*Entrée Choose 1  *Baked Mozzarella Sticks w/ Marinara Sauce *Oriental Cherry Chicken (Grades K-5) *Oriental General TSO Chicken (Grades 6-12)	Whole Grain Bread and Butter	Vegetables and Fruit Egg Roll Onental Rice Roasted Broccoli	Assorted Fresh Fruit Canned Fruit Choices
Wen		*	*		Hot egg, ham, cheese 6 on English Muffin	*Entrée Choose 1  *Mexican Taco's w/ Lettuce, Cheese, Salsa & Sour Cream *Escalloped Potatoes and Ham	BRCS Cinnamon Roll	Vegetables and Fruit Roasted Com Kernels Refried Beans Seasoned Black Beans	Canned Fruit Choices Assorted Fresh Fruit
Tue	*	*	*		Sausage & Egg 5 Breakfast Pizza	*Stuffed Cheese & Pepperoni Calzone Pocket *Chicken Fajita (add lettuce, cheese, tomato & sour cream)	Whole Grain Bread and Butter	Vegetables and Fruit Roasted Com Refried Beans Seasoned Black Beans	Assorted Fresh Fruit Canned Fruit Choices
MON	*	*			Apple 4 Frudel	*Entrée Choose 1 *Hamburg on Bun *Hot dog on Bun	Chili-n-Beans	Vegetables and Fruit Oven Fries Baked Beans Seasoned Carrots	Canned Fruit Choices Assorted Fresh Fruit

Elementary Snack Drink \$.65

Nutri-Grain Bar or Cereal Bar

Hot Entrée Listed
 100% Fruit Juice, Fruit

Assorted Cereal,

**Breakfast Choices** 

1% White Milk or FF White

All items available

A LA CARTE

8

# USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER

anytime during the school year.

Call Mrs. Ashley Roes at

346-1211 Ext. 561 for

information

Reduced Meal benefits may be

completed and submitted

An Application for Free or

You can make online payments and check your child's

www.MySchoolBucks.com

account balance @

recommended at least by the week or longer period of time

Checks Payable to: BRCS LUNCH FUND

Prepayment for meals are

Extra items are available

and priced accordingly

Breakfast Meal is free to

all students

Meal Categories:

Sau Bre	Sausage & Egg 12 Breakfast Pizza	Hot egg, sausage, cheese 13 On English Muffin	Ham & Egg 14 Breakfast Pizza	Bagel w/ Cream Cheese 15 or Peanut Butter
*Entrée Choose 1  *Smokey BBQ Chicken on Bum  * Chicken Patry on Bum  * (Gr.6-12) Spicy Chicken Patry on Bum	Choose 1 Zhicken on Bun on Bun Chicken Patty	*Rib-que on Bun *Spaghetti w/ meat sauce Grated Cheese	*Chicken Drumsticks *Cheese Stuffed Ravioli In sauce	*Shrimp Poppers Shrimp Poppers Shring Cheese Fish on Bun Cocktail Sauce Tartar Sauce
		BRCS Made Italian Bread	Whole Grain Bread and Butter	Whole Grain Bread and Butter
Vegetables and Oven Fries Roasted Broccoli Roasted Garbanzo Beans	Vegetables and Fruit Fries ted Broccoli ted Garbanzo Beans	Vegetables and Fruit Tossed Romaine Salad w/ dressing Roasted Green Beans	Vegetables and Fruit Butternut Squash Potato Rounds Seasoned Peas	Vegetables and Fruit Cabbage Salad Oven Fries Steamed Fresh Spinach
Canned Fruit Choices Assorted Fresh Fruit	uices	100% Fruit Juice March Birthday Cake	Canned Fruit Choices Assorted Fresh Fruit	Applesauce Peanut Butter Cookie
Sausage & Egg Breakfast Pizza	& Egg 19 t Pizza	Hot egg, ham, cheese 20 on English Muffin	Ham & Egg 21 Breakfast Pizza	Bagel w/ Cream Cheese 22 or Peanut Butter
*Entrée Choose 1 *Pulled Pork w/ BBQ Sauce on Bun *Popcorn Chicken Ranch & BBQ Sauces	Sauces	*Mexican Taco's w/ (Lettuce, Cheese, Salsa & Sour Cream) *Escalloped Potatoes and Ham	*Baked Mozzarella Sticks Marinara Sauce *Oriental Cherry Chicken - Grades (K-5) *Oriental General TSO Chicken - Grades (K-12)	*Cheese Pizza *Garlic Pizza *Buffalo Chicken Pizza (MS/HS) *Macaroni & Cheese
Whole Grain Bread and Butter	nd Butter	BRCS Cinnamon Roll	Whole Grain Bread and Butter	Whole Grain Bread and Butter
Vegetables and Fruit Roasted Cauliflower/Broccoli Sweet Potato Fries Cabbage Salad	nd Fruit Broccoli	Vegetables and Fruit Roasted Com Kemels Refried Beans Seasoned Black Beans	Vegetables and Fruit Egg Roll w/ Sweet & Sour Sauce Onental Rice Roasted Broccoli	Vegetables and Fruit Tossed Romaine Salad w/ dressing Roasted Garbanzo Beans Seasoned Carrots
Canned Fruit Choices Assorted Fresh Fruit		Assorted Fresh Fruit Canned Fruit Choices	Canned Fruit Choices Assorted Fresh Fruit	Assorted Fresh Fruit Canned Fruit Choices
Sausage & Egg Breakfast Pizza	Egg 26	Hot egg, sausage, cheese 27 On English Muffin	Ham & Egg 28 Breakfast Pizza	29
*Entrée Choose 1  *Smokey BBQ Chicken Wrap *Crispy Chicken Wrap *Spicy Chicken Wrap All w/ lettuce, cheese & Assorted sauces	ken Wrap ap p (Gr.6-12)	*Entrée Choose 1 *Rib-que on Bun *Rotim Pasta w/ meat sauce Grated Cheese	*Stuffed Choose 1  *Stuffed Cheese & Pepperoni Calzone Pocket *Chicken Fajita (add lettuce, cheese, Tomato, sour cream)	Good Friday
Whole Grain Bread and Butter	and Butter	BRCS Made Italian Bread	Whole Grain Bread and Butter	No
Vegetables and Fruit Roasted Broccoli Carrot Sticks	and Fruit	Vegetables and Fruit Tossed Romaine Salad w/ dressing Roasted Green Beans	Vegetables and Fruit Roasted Com Refried Beans Seasoned Black Beans	School
Assorted Fresh Fruit Canned Fruit Choices	uit ices	Canned Fruit Choices Assorted Fresh Fruit	Assorted Fresh Fruit Canned Fruit Choices	

Lunch Choices



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